

Cassidy Nelson

I am one of those people who apply themselves wholeheartedly in every area of their lives. Trying to balance school, work, studio dance, and other activities can be really difficult. Dance team was the first varsity level sport I ever got involved in and I believe my involvement in it has taught me how to keep my busy schedule on track by teaching me to maintain a schedule



and practice outside of rehearsals. I have been dancing ever since I can remember, always counting rhythms and remembering steps. I accredit my love and talent for math to the arts as well as my independent spirit. Dance team has especially taught me how important it is to be yourself while realizing that you have supporters all around you to lean on. I have learned many things like what I like and what I do not like; who I work well with and who I have to try extra hard to encourage. I want to be a high school math teacher, this job requires a lot of patience and passion for the specialized subject as well as individuals; which I'm not sure I would be able to do without my experiences with different people and different teams. I know I would not be as strong of a woman and as self-aware if I was not surrounded by my amazing teammates daily. They have inspired me to want to coach someday and continue to be a part this incredible organization. My teammates have taught me that leadership does not always have to be spoken, but shown through actions. Because of this, I am pushed daily to set the best example and be the best person I can, in academics and elsewhere. I wholeheartedly believe that there is no sport like this. No team can be as close-knit as ours, no rush of adrenaline can come close to what it is like to perform, and there is no better way to express your views and passions than through dance. We are blessed daily to be able to share our gifts and to use our voices for good. Dance team has taught me to pursue any goal no matter how outrageous it might seem. This past season we had a goal of a double state championship, even though it has only ever been done by seven teams. Through hard work and dedication we were able to overcome many obstacles and accomplish our goal! I am so proud to be a Frazee Flygirl and will miss this program tremendously.